



Messenger

❄️ Winter/Spring 🌸
2023

November 23, 2022



Dear Hermitage Family:

During this season we celebrate new life. A child is born, radiating Love to everyone! This experience of new life is cause for all of humanity to ["forever sing of your love, O Lord." \(Psalm 88\).](#)

What this means for you and me is this: when we pay attention, we can awaken every day to the fact that we are reborn to the experience of Divine Love in a new way.

Every morning when we are getting out of bed, we put feet on the floor – and if we are truly awake – we can feel Divine Presence giving us another day to radiate Divine Love.

Jim and Terry's marriage was falling apart. As a last resort, they signed up for our *Success: Full Relating* workshop. During the exercises in this program, they began to understand the difference in how each of them related to each other and to everyone else in their lives. They applied the principles of the course to their personal situation. They left the workshop with a specific plan on how to relate to each other and how they could build a successful marriage for themselves in the future. Today, many years later, their marriage is on a stable foundation. They are able to work together to solve all of their problems and challenges! They began a new life many years ago, and continue to re-make their marriage every day. They know how to build new life on a daily basis, not only for each other but for all the family!

Here at the Hermitage, we believe that helping individuals know and understand more about the spiritual world is the basis for solving all human issues. The couple mentioned above shifted their thought process from the limits of the material world to the unlimited reality of the spirit world. There they found what was needed to solve all their problems. In a very real sense, they were reborn.

If these ideas and tools work for individuals, they can also work for groups of any kind (including countries globally!). New life and a new world can be created through the discipline of mental prayer or meditation. When we develop the mental skills necessary for meditation, we can see clearly how, together, we can create a plan for world peace.

World peace is not going to be legislated from the top down. It is being built by individuals from the bottom up! It is the slow but steady process of one individual at a time choosing to shift his/her thought process from the material world to the spiritual world.

These reborn individuals are the ones who make up our Energy Circles (meditation support groups), which we have planted all over the world and which we continue to create. Little by little, slowly, slowly, we are doing our part in the transformation of the global thought process that is moving all of humanity in the direction of world peace.

Let us continue to support one another in the reality that we are powerful Spiritual Beings and that our Love makes a difference! Let us together lighten up this Season with Love, Joy, Peace, and Happiness!

I love you all and appreciate your presence in my life and in the mission of the Hermitage.

Justin

Tis the Season!

Tis the Season for new birth
Symbolized by the Christ Child.
You and I with spiritual eyes
See New Birth even in the skies.

Stars throughout our galaxy explode
New and massive realities.
But at the other end of truth
A skin cell enters limited youth.

Everywhere seeds are birthing,
Beautiful trees and gorgeous flowers.
Then leaves fall and create a new bed
So that Spring can add new realities of red.

Divine Love is forever birthing
New and beautiful levels of wonder.
All of us are of God's creation
All together we form one nation.

All humanity is co-creator.
We are called to generate beauty.
Powerful spiritual beings are we
Our job is to go on a production spree.

We can bring happiness and joy
To family, friends, and even a passersby.
There is no end to the reservoir we hold
We can create a millionfold!

YOU are here on planet Earth,
An expression of a Divine Birth.
Pay attention to how you feel,
Creating joy and fun like a Ferris wheel!

Tis the season to light up our world
With your never-ending Love!
Sing and dance wherever you can.
That's how we fit in God's perfect plan!

Looking Forward to Assisi



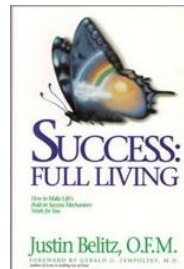
A new Hermitage retreat to Assisi, Italy, birthplace of St. Francis, is planned for September 12-20, 2023. The trip will focus on spirituality through retreat sessions and liturgies at the main basilicas in Assisi and a chance to explore the beautiful Umbria region of Italy in the company of fellow travelers. For details, click [HERE](#) or contact nancy@hermitageindy.org.

Hermitage Calendar Jan. – July 2023

Date	Program
Jan. 14-15	Silva Life System Workshop
Feb. 10-12	Silva Intuition System Workshop
Feb. 26	Lenten Retreat, Session 1
Mar. 12	Lenten Retreat, Session 2
Mar. 26	Lenten Retreat, Session 3
Apr. 3	Friar Justin's Birthday
Apr. 22-23	Success: Full Living Workshop
May 20-21	Success: Full Relating Workshop
June 24	Living the Prayer of Quiet
July 15 – 16	Silva Life System Workshop

All listed workshops are located in Indianapolis.

The Hermitage Online



Success: Full Living on Amazon:
\$3.99
(Click on image for link)

Success: Full Living Course
Click [HERE](#) for details
CLICK [HERE](#) for Free Preview

Scheduled Programs and Classes at the Hermitage

New! LAW OF ATTRACTION AT THE HERMITAGE

2nd Thursday of the month 6:30 – 7:30 p.m.
Starting Thursday, Jan. 12

Group Discussions on topics of Awareness, Intention, Focus, Visualization, Vibrations, and Law of Attraction. Join us to intentionally enhance your life, as well as the lives of your families and your communities through awareness. All welcome. Fee by donation.

Facilitators: Marvin Massey, Holly Reinhardt and LuLu Kinnett

HU

(A Love Song to God – Meditation Prayer)

The 2nd Tuesday of the month
6:30 - 7:15 p.m.

HU is a Love Song to God as a meditation. “It has helped people of many different faiths experience for themselves the presence of God.”

Facilitator: Allen Jackson Everyone is welcome.

EFT (EMOTIONAL FREEDOM TECHNIQUE)

Also known as Tapping

The 1st and 3rd Thurs. of the month
6:30 p.m. – 7:30 p.m.

Tapping Solution is a revolutionary system for Stress-free Living. All welcome. Donations appreciated.

Facilitators: Teresa Griebelbaum and Marvin Massey

SILVA LIFE SYSTEM

(In-depth Meditation Workshop)

Sat. & Sun., Jan. 14 – 15 10:00 a.m. – 6:00 p.m.
July 15 – 16 (Summer Offering)

The Silva method teaches skills of physical and mental relaxation, coupled with visualization. “People all over the world have learned how to live healthier, happier, and more productive lives after taking the Silva Workshop.”

Cost: \$475. Prepaid: \$375 if paid by Jan. 3 in full or with a \$100 deposit; remaining balance due in class.

Graduates must register. Suggested donation: \$40

Facilitators: Friar Justin Belitz and Kathy Peters

SILVA INTUITION SYSTEM

(A Graduate Workshop)

Friday, Feb. 10 7:00- 9:00 p.m.
Sat. & Sun., Feb. 11 -12, 10:00 a.m.- 6:00 p.m.

The Silva Intuition System will help you use the God Presence within to consciously connect with all of creation: inanimate matter, plant life, animal life, and human life. **This is a Graduate Program.** You must have taken the Silva Life System class before this one.

Cost: \$475. Prepaid: \$375 if paid by Feb. 3 in full or with a \$100 deposit; remaining balance due in class.

Graduates must register. Suggested donation: \$40

Facilitator: Friar Justin Belitz

ENERGY CIRCLES

Wednesdays at the Hermitage

Every Wednesday night 7:00 - 8:00 p.m.

We share Success Stories and a group meditation. In the center of the room, we have an Energy Box where we collect written intentions for healing, finding jobs, finding life partners, and achieving goals of every kind. The Box becomes the focal point for our meditations. All welcome. Donations Appreciated.

Hosted by: Kevin Langford and Other Silva Facilitators

Online International Meditation

Every Tuesday Night 7:00 – 8:00 p.m.

For those who are unable to join us ‘live’ for Energy Circle on Wednesday night, we now have a Zoom International Energy Circle every Tuesday night. The focus is on sharing and meditation.

If you would like to join the group, please email nancy@hermitageindy.org. Donations welcome.

Hosted by: Al Potenza and Other Silva Facilitators

If you would like your need, or that of a loved one, placed in the Energy Box for healing or any other intention, please call LuLu at: 317-545-0742 or email to lulu@hermitageindy.org

SPECIAL NOTES:

*Additional discounts for family members, seniors, and students. Information on this: Lulu@hermitageindy.org

*Fr. Justin offers a short liturgy on the Saturday Evenings following each Workshop for those who wish to attend.

*To register for any program, call or email LuLu: 317-545-0742 or lulu@hermitageindy.org.

PREPARING FOR EASTER WITH ST. FRANCIS

A NEW Lenten Series with Friar Justin

Feb. 26, Mar. 12, Mar. 26 7:00 - 8:30 p.m.

Join members of the Hermitage community for three Zoom sessions that will focus on a prayer or incident in the life of St. Francis, leading to a deeper understanding of the message of the Resurrection. Each will include a reading from the life of St. Francis, commentary and a meditation from Friar Justin, and open time for discussion and visiting with Friar Justin.

Fee: \$45. URL for the Zoom session will be sent upon registration. (See special notes for registration.)



A Family Affair: This father and his three children, as well as the mother and all of her siblings and parents have attended Friar Justin's Success: Full Living Workshop.

SUCCESS: FULL LIVING

(2-Day Workshop)

Sat. & Sun., Apr. 22 - 23 10:00 a.m. – 6:00 p.m.

You have a Life Mechanism that can lead you to a satisfying life. By developing a positive attitude and setting goals in 7 major areas of your life, you can create the FULL LIFE we are all meant to experience. It is up to you to *choose* a satisfying life!

Cost: \$150. Prepaid: \$100: A deposit of \$50 paid by Apr. 17 will reserve your seat; balance due in class. Suggested donation for graduates repeating the class: \$35.

Facilitator: Friar Justin Belitz

SUCCESS: FULL RELATING WORKSHOP

Especially for Twos and Threes

Sat. & Sun., May 20-21 10:00 a.m. – 6 p.m.

This workshop will help pairs or groups of three partners (spouses, friends, parent-child, business partners, etc.) to improve their relationship based on the principles of *Success: Full Relating*. It will also benefit individuals. Participants will work through seven principles together to assess and achieve new growth in their relationship. Register together: **Two participants: \$200, Three participants: \$300, Individuals: \$150.** A \$35 deposit paid by May 12 will reserve your seat; balance due in class. Suggested donation for graduates repeating the workshop: \$35.

Facilitator: Friar Justin Belitz

LIVING THE PRAYER OF QUIET

(1-Day Retreat at the Hermitage)

Sat., June 24 10:00 a.m. - 6:00 p.m.

This workshop offers the theory and practice of Contemplative Prayer, or Passive Meditation. Once you realize that you are One with Divine, Cosmic, Unconditional Love Energy, you also realize that you are a Powerful Spiritual Being with unlimited resources. "Come learn to "Be." Come learn "I am."

Cost: \$125. Prepaid: \$100: A \$35 deposit paid by June 18 will reserve your seat; balance due in class. Suggested donation for graduates repeating the class: \$35.

You will need to bring your lunch.

Facilitator: Friar Justin Belitz

For more information regarding our programs and a list of our books, CDs and MP3s, please visit our website: www.HermitageIndy.org

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<https://hermitageindy.org/product/donation/> We rely on YOU!